IGCSE PHYSICAL EDUCATION

Why should I choose IGCSE Physical education?

- I am practically good within physical education lessons
- I like to keep fit and healthy and want to learn more about how the body works
- I am good at retaining information
- I would like a career in the sports industry/field
- I DO LIKE sitting exams
- I am interested in improving my performance in different sports.

Course Content:

- You will need 4 Sports Activities from at least 2 of these categories; Games, Dance, Athletic Activities, Outdoor & Adventurous activities, Swimming, Combat Activities
- There is a verbal exam
- You will cover a range of sports in your lessons and your teacher will decide which are your 4 best sports to be entered for the exam
- There is a 1 hour 45 minute exam at the end of the two year course
- You will need to be able to demonstrate your ability to analyse & improve yours and others' performance in different activities.

How will I learn?

- In lessons you will be encouraged to work as part of a team and to take on leadership roles
- Practice your 4 sports at a high level in IGCSE lessons
- Through acquiring knowledge on a broad range of sporting components
- Work independently at times, especially with regard to the theory sessions
- Through active learning styles

How will I be assessed?

You can be assessed as a player, coach or referee at 2 to 4 different sports

- 50% of my mark is based on your practical performance
- 10% is on your ability to analyse and improve performance in a chosen activity.
- 40% is on your performance in a written exam sat at the end of the two year course.
- PE staff will assess GCSE students during and at the end of each block of work.

Post 16 Opportunities

- Go onto do Coaching Courses
- refereeing Courses
- a career in sport/fitness
- study AS/A2 level PE at sixth form college
- study a higher course in sport at college
- go onto study; science, anatomy & physiology
- CSLA Community Leadership Award or Sports Leader Award
- University to study Sports Science or Physical Education
- Career in the Leisure Industry
- PE Teacher

Contact for further information:

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