



Tenby Schools Ipoh

Bulletin No. 1 | January 2010

A United World At Peace - Through Education

Dear Parents / Guardians,

This is our first bulletin for the year and we take this opportunity to welcome everyone back to school and to wish you a Happy 2010. To all new parents and students, welcome to Tenby Schools, Ipoh.

The new Parent-Student Handbook was given out to students at the start of the year. We thank the parents for working with us to ensure our students abide by the school rules. The students have responded very positively to the enforcement of rules regarding hair, uniform and shoes. We hope this continues and our students will be fine examples of global citizens who reflect the Vision, Mission and Values of Tenby Schools Ipoh.

Themes for February

As part of our Character Development training for students, we will focus on a theme each week. Students will be guided and encouraged to promote and embody the theme for the week. We started with Appearance, Good manners and Punctuality in January. We have seen some positive changes with these themes. For February, the themes are:

Week 1 – Cleanliness

Week 2 – Being focused

Week 3 – Being responsible

Week 4 – Getting along with others

A-Levels Centre

Our Tenby A-Level Centre has drawn some of the best and brightest of Ipoh students to pioneer the Cambridge International "A" Level programme at our school. We warmly welcome the students to the Tenby school fraternity.

Physical Education Programme

Senior School

To assess the physical fitness levels of our Senior School Students, an annual fitness test is carried out during the Spring term. This test is based on the Singapore National Physical Fitness Test. The 6 test items are:

1. Bent knee sit ups – to measure anterior abdominal muscular endurance and strength
2. Standing Broad Jump – to measure lower limb extensor muscular power
3. Sit and reach forward – to measure forward trunk flexibility, hip flexion and hamstring muscle stretch

4. Pull-ups (for boys) / Inclined pull-ups (for girls) – to measure upper limb muscular endurance and strength
5. 4 x 10m Shuttle Run – to measure general speed, agility and coordination
6. 2.4km Run – to measure cardio- respiratory endurance and lower limb muscular endurance

Junior School

It is good to see Junior School students becoming more proactive and taking responsibility in PE. A group of boys and girls have set up a Break Time Play Team to oversee break time play for students and to ensure that all students participate in physical activities in a responsible and safe manner.

The Junior School Sports Day this year will be in the form of a carnival with different games stations. Students will compete at the different stations and accumulate points for their teams.

The Junior school students have started their practices early to familiarise themselves with the new format. The games stations are also available during Junior School break times to allow teams to practise. With this form of competition, each team learns to cooperate and work as a team and help each other improve their skills.

Co-Curricular Activities

This year, Tenby Schools Ipoh will be participating in the following games at the MSSD competitions:

- Junior Track & field
- Junior & Senior Basketball
- Senior School Netball
- Senior School Soccer & Basketball
- Senior Swimming
- Senior Tennis

The MSSD Competition for 2010 is expected to begin in mid Feb and carry on till end of April. Coaches are putting the students through their paces and school representatives will soon be requested to participate in extra training in preparation for the games.

On 28 Jan 2010, Tenby Schools Ipoh Senior Soccer Team comprising students from Yr 7 - Yr 11 and KSBM 1 - 5 played a friendly match with SM Teknik U18 team. The boys showed how much they have improved in their playing skills under Coach Kim. Though Tenby lost 5-2, SM Teknik's coach praised our boys for their good performance.

In Dec 2009, the U16 Boys' and Girls' Soccer teams from Ang Mo Kio Secondary School in Singapore visited Ipoh and Kuala Lumpur. Our Tenby Soccer Team members hosted the AMK boys and girls by showing them around Ipoh and our Tenby School Grounds. A briefing and slide show on our school was given by Colene Chia, one of Tenby's pioneer 'A' levels students. The Singapore visitors also played friendly matches with our Boys, SM Anderson and Ipoh Bugs, a local soccer club.

School Production

Rehearsals for the Production will start after the Chinese New Year break. The school has come up with an interesting theme that should appeal to both students and parents. Further details will be given in our next bulletin.

Examinations

Registration for all CIE examinations is to be in by 10th February. The assessments are:

- CIPAT for Year 6 students
- Checkpoint for Year 9 students
- IGCSE for Year 11 students

Other students of a similar year/age level who wish to sit the assessment tests/examination may discuss their options with the respective Principals/Deputies. A letter with details and costs will be given to prospective or interested students.

Registration for the UPSR examination is going on now and the registration fee is RM10.

Visit by the Thai students

We have had yet another successful visit by the English programme students of the Phimanphitthayasan School from Satun, Thailand on Wednesday 27th January 2010. This is the fourth year since the start of the partnership between IIS and the Phimanphitthayasan School.

This year, Year 10 students together with their English teachers; Ms Nithiya & Mrs. Grace planned exciting activities and played the gracious hosts for the

day. All students had fun during the ice breaker activity, which followed with lots of action during the "Win, Lose or Draw" game. Finally, they constructed the highest newspaper tower possible.

We ended the visit with a sumptuous lunch, exchange of gifts and a photography session. Our guests then continued their journey to Kuala Lumpur and Genting Highlands.

A Tribute to Audrey Fong



Mrs. Audrey Fong came to Ipoh in 1963, all the way from Wales when she married Fong Soon Leong, an Ipoh native.

She was a teacher at ACS Ipoh before joining Tenby School in March 1968 as the Principal. As an educationist, Audrey touched many young lives, many of whom are now successful professionals in their respective communities. They are proud of their Tenby School heritage, and this is probably owed to Audrey's own pride of her Welsh heritage, serendipitously linked with Tenby School's origin. (It was named after Tenby in South Wales, the founding Principal, Mrs Nelson Doyd's home town).

According to her former colleagues, Audrey was always a friend more than anything else. She was a great mentor and made it a point to be involved every step of the way, and was always concerned with the welfare of her staff. Ever encouraging and supportive, she took genuine interest in the education of children, as reflected in her support and contribution to the school, through her assistance in reading and drama programmes, even after her retirement in August 1996. Having served the school, its pupils and parents with dedication for a magnificent 28 years, Audrey remained a much respected figure in the school community.

Called home to the Lord on 11th January 2010, Audrey will be deeply missed at School Productions, Sports Days and Staff Dinners to come. It will be difficult to forget an icon such as Audrey Fong. She will always be fondly remembered by all at Tenby Schools Ipoh.

Public/School Holidays

13 - 21 Feb 2010 – Chinese New Year Holidays / Mid-term Break / The school office will also be closed.
26 Feb 2010 – Prophet Muhammad's birthday

We would like to wish all our Chinese friends a roaring Year of the Tiger filled with good luck, good health and abundance!